# Saline County Aging Services Full Board Meeting February 24, 2024, 1:30 PM Saline County Aging Services (Back Room)

Lorene called the meeting to order. Roll call was taken with 7 Community Representatives present. Staff members present were Program Manager, Lori Moldenhauer, Outreach Coordinator, Madison Maly, Program Assistant, Donna Kovar, and Deb Collins. County Commissioner, Stephanie Krivohlavek was also present.

## **Approval of Minutes**

The last board meeting was in October. A motion to approve the October minutes was made by Marty Stone and seconded by Trudy Kubicek. Motion carried.

#### **STANDING UPDATES**

## Financial Report/Budget

Lori stated she will soon be working on Aging Partner's budget for 2024-2025 Fiscal Year. Share the
Love Grant has been submitted and Lori should hear back in May on how much we should be getting
back from it.

## **Fundraising/Grants/Donations**

#### **OLD BUSINESS/ACTION LIST**

- Lori shared that in the fall we assisted about 260 clients during Medicare D Open Enrollment, saving approximately \$164,000. We gained about 30 new clients during this time. Our normal counseling appointments continued during this time.
- The following were recent Senior Events:
  - O We delivered a New Year's package (spaghetti meal) along with a Shelf Stable meal from Aging Partners to our low-income clients. Two local youth groups assisted us with the delivery of these. The spaghetti meal came from donations and funding. Two youth groups assisted us with in the delivery of them.
  - o Recent National Days were Pizza Day & Sticky Bun Day. Upcoming National Days for next month are Pancake Day, Peanut Butter Day, and Oreo Cookie Day.
- Senior Events
  - Madison shared in November; Craft Day has started back. They made a ribbon Christmas door wreath. In January, they made a Valentine Door hanger. Another door hanger will be made in March. In May, the activity will be a flowerpot with succulents. There were about 8+ Seniors at each of these events. A new group of seniors are coming to these events.
  - The Thanksgiving To-Go Meal went very well with 40+ served. We now are getting points for our To-Go Meals. This counts as an OAA meal since we can't do congregant meals. There also was a Valentine To-Go Meal on February 15, in which 15 meals were served. The plan is to continue To-Go Meals around the holidays.
  - The Crete Senior Group (30 members) has requested to have us work with them on a meal/program. The first meal was in November, with County Sheriff Tyson Osborn and canine dog, Max, giving a presentation. January was just a meal. February 27 there will be a meal and SCAM presentation. April will be the next time going there.
  - Tabitha representative, Tammy Barrett, gave a presentation at SCAS on Thursday, February 22.

#### **NEW BUSINESS**

- Up Coming programs:
  - Nicole Stoner from Gage County Extension will be coming to do a presentation on how to prep for your garden in April or May. The attorney general's office will be coming to all the locations for SCAMS. We were contacted by the Wilber Care Center to start doing a monthly Senior meal with them. The first meal there will start in March. The Senior meal in April will have a presentation given by WC Scholarship Foundation. Trini Jensen will be coming to make egg rolls. Alexa Cerveny will come to teach Macramé.

- Lori stated that the Hispanic Outreach is going gain busters. There were about 12-15 seniors there each time. We extended the Hispanic Day to 4 times a month. We meet every Friday. The grant for this goes until the end of August. Once August is over, Lori will have to reevaluate how often. Senior Crete Meals are also tied into this same grant. Netti was recently trained in Tai Chi. Madison and Donna have been going there to assist Netti with Tai Chi for now. Foot clinics are every other month.
- Exercise Classes
  - Strong Bodies continues to have great numbers. It is growing by word of mouth. The group is enthusiastic about Strong Bodies and being active. Jill Broz will be teaching the Monday class to help relieve the other teachers. The ladies are interested in yoga, especially chair yoga, so Lori downloaded an online training that we need to get trained on. Bingocise has not happened yet due to issues getting trained.
- The Saline Shuffle will be the new name for the Shamrock Shuffle. It will be on Saturday, April 13. We are moving to April to avoid the colder, freezing weather.
- Activity Room addition
  - o Lori shared that she is working with the vendor to get it going.
- Melissa gave an update on the DeWitt Center as follows:
  - o There were two (2) day trips in the month of November taken.
  - o Christmas Dinner and party with a Harpist performance
  - o Pitch tournaments over the winter months continued with one coming up in March.
  - There are 35-40 meals being served every Wednesday at the center.
  - Breakfast will be tried on the 3<sup>rd</sup> Monday in March
  - o April 12 will be Music Bingo
  - There is some remodeling going on with the kitchen. A hand washing sink needs to be installed to be able to serve congregate meals.
- SCAT update
  - Scott said providing transportation for people has been going well. State level continues to have challenges.
  - The annual Soup and Sandwich fundraiser will be this Saturday, March 2 from 11-1 in Western at the SCAT building.
  - 2024 is the 50<sup>th</sup> year anniversary for SCAT. They will be trying to coincide activities with other town events in the county.
- Additional
  - We need to look for representatives from several communities to be on our board.

The meeting was adjourned at 1:20 pm.

The next meeting is scheduled for April 22, 2024, at 1:30 in the backroom of SCAS