# Saline County Aging Services Full Board Meeting July 24, 2023, 1:30 PM Saline County Aging Services (Back Room)

Lorene called the meeting to order. Roll call was taken with 9 Community Representatives present. Staff members present were Program Manager, Lori Moldenhauer, Outreach Coordinator, Madison Maly, and Program Assistant, Donna Kovar. County Commissioner, Stephanie Krivohlavek was also present.

## **Approval of Minutes**

The last board meeting was in April. A motion to approve the April minutes was made by Marty Stone and seconded by Scott Bartels. Motion carried.

#### STANDING UPDATES

## Financial Report/Budget

Lori stated she has submitted to the Commissioners the employees' budget and is
waiting on the rest. The City/Village funding request for the fiscal year 2024 has been
sent out. Lori will be attending the Crete City Council meeting.

## **Fundraising/Grants/Donations**

#### **OLD BUSINESS/ACTION LIST**

- Scott (SCAT) and SCAS set up a display at the Saline County Fair this past week.
- The following were recent Senior Events:
  - A legal clinic with Mary Willson was held both in Wilber and in Crete (Hispanic Outreach)
  - o Great turnout and presentation given by Deputy Osborn and Max, the K-9.
  - A presentation by Nicole Stoner, County Extension, on garden pests and diseases was given in Wilber.
  - Hope Crisis Center presented in Western. Recently it has been a coffee hour with rolls in Western, and starting tomorrow, it will go back to meals.

#### **NEW BUSINESS**

- Senior Events
  - Hope Crisis will be in Wilber on July 31
  - Coming in August there will be a presentation given in Crete on what services SCAS provides. Madison has been in contact with someone to help get Crete more involved in monthly programs.
- Hispanic Outreach update
  - The program has continued to be doing great according to Lori. There was a legal clinic in May that helped with POA's and Living Wills, and a library trip where they learned about resources available to them. There was a movie night and cornhole activities. We have been helping with more and more Medicare and Medicaid assistance with the Hispanic community.
- Home Delivered Meals program in Crete.
  - Lori said that the Home Delivered Meals is going gang busters in Crete. It started in June and there are 9 clients. The billing has gone very smooth with Tabitha in Lincoln sending us the invoices. Clients are paying on time. Meals are M-F only and cost is \$6.25. There is a full load of volunteers.

## Strong Bodies

This program has been in the making for a good year. Shamrock Shuffle funds have been designated for the equipment needed for the program. Lori and Donna are both certified to teach the program. We have been working with the City of Wilber for use of the Cultural Center due to large group sizes. We plan to keep this program going as a continue class. There is a suggested \$2 fee per class.

Tai Chi in Friend and maintenance class in Wilber

Madison is teaching a Tai Chi class two days a week in Friend at their Health Center. Public Health is adding mindfulness and well-being to the new Tai Chi class, that Madison and Donna both will be retrained on later in August, along with additional training for the library Tai Chi instructor to get us full credit. Donna will begin Tai Chi here on Friday mornings after Czech Days.

## Activity Room addition

- Lori shared the plans for the activity room addition which is out for bids. The space will provide needed room for our exercise classes and meetings. The commissioners have approved this. Lori has it in her budget and is not having to ask for any additional funds. The funds are strictly coming from grants, funding, and fund raisers that have built up.
- Melissa gave an update on the DeWitt Center as follows:
  - Remolding of the Senior Center is about finished.
  - o A lavender trip to Sleepy Bees by Firth was taken which was very educational.
  - o Events planned for the Fall are the following: a health fair and a legal clinic.
  - Melissa will be expanding on the newsletter and focusing on the history of the Senior Center. The Facebook page is back up and running.
  - Fresh veggies and meat truck is coming once a month to DeWitt from Lincoln Food Bank. No age or income restrictions.

#### SCAT update –

- Pie and Ice Cream at the Old Settlers Day went very well.
- Clients using SCAT services for rides has increased 40% this year. SCAT provided more rides this year than what the population is in the county.
- o More trips are planned with DeWitt Center for transportation assistance.
- SCAT had provided trips to the Omaha airport with clients, and Scott is looking specifically to provide on Thursdays, rides to the Court House for county business.

## Additional

- For Czech Days, we will have an area out front for seating for our seniors.
- Madison and Jim Bendorf will be trained in Med D to assist this Fall.

The meeting was adjourned at 2:15 pm.

The next meeting is scheduled for October 23 at 1:30 in the backroom of SCAS