

Saline County Wellness Committee – October 16, 2017 Minutes

The Saline County Wellness Committee meeting was called to order at 8:37 a.m. on October 16, 2017. Present were Brandi Kelly, Tim McDermott, Jamie Houser, Marvin Kohout, Kory Mullen, Jenn Retchless, Lori Moldenhauer and Adam Drake.

Tim advised those present of the open meetings law were available for review.

Marvin moved to approve the agenda as presented, seconded by Jenn. Motion carried.

The minutes from the September 25th meeting were reviewed. Kory made a motion to approve the minutes from the meeting, seconded by Adam. Motion approved.

At this time, the meeting was opened for Employee open forum to address the committee. No employees were present. During the last meeting Tim stated that he would visit with Dan regarding the drinking water in the courthouse. He reported that he has been in contact with Dan and that they are looking into a possible solution.

Tim reminded the group that the Flu shot clinic has been set for October 23rd. The clinic will be held from 7 a.m. – 9:30 a.m. at the courthouse and 3 p.m. – 6:30 p.m. at the law enforcement center. Brandi provided the sign in sheet to Kory for those individuals who participate down at the law enforcement center.

Tim also reminded the committee that on October 23rd there will also be an educational class. It will start at 5:30 p.m. at the extension office. It will be recorded and 25 wellness points will be allowed for those attending the session or watching the video if available.

Tim reminded the group that the Crazy-Eight challenge will be ending on October 29th. He also asked for ideas to update the November and December Bingo challenges.

Tim informed the committee that there were 23 participants who took the “Dealing with Heat Stress” NIRMA class. Employees will have an option of choosing one of the three classes offered during the October through December time frame. Classes eligible are: “Risk Management for Law Enforcement”, “Workplace Ergonomics” or “Defensive Driving”. Maximum of 75 Wellness points.

Tim asked the group if they had any suggestions for topics to be placed in the October newsletter. If there are suggestions, please let him know.

The committee continued to review the 2017 wellness booklet making adjustments to the program for 2018. Tim will work on updating the program based on the changes suggested. He will then provide a copy to the committee to review before finalizing the program for 2018. Discussion was held on how the books will be printed/assembled for 2018. It was recommended to see if there would be the availability to have an outside source print the booklets.

Since the September meeting, Tim has been in contact with two vendors who have an online wellness portal available for use by employees. He has been gathering information regarding their customized fit suitable for our current program. It was suggested to have the vendors do a presentation for the committee after the first of the year.

In attempts to have representation from all offices on the committee, Tim has visited with a couple offices to see if they have any employees that are willing to volunteer to be on the committee.

The next regular meeting has been scheduled for November 20th at 8:30 a.m. in the assembly room.

There being no further new business, the meeting was adjourned.

Brandi Kelly, Co-Chair
Secretary