

SALINE COUNTY WELLNESS
COMMITTEE MEETING
JANUARY 8, 2014

The Saline County Wellness Committee meeting was called to order on January 8, 2014 at 7:38 a.m. Present were Sharon Jelinek, Tim McDermott, Bruce Filipi, Brandi Kelly, Kori Mullen, Marvin Kohout, Kerry Hagemeyer and Linda Kastanek.

Bruce moved to approve the minutes as presented, seconded by Sharon.

Discussion was held on having Tom Sweeney and Vicki Rethmeier come to do presentations at the same time again.

Kerry reminded everyone that Brad Kalkwarf will be here on January 16th to do a presentation on taxes.

It was decided to have Champion Chiropractic come as a speaker. Kerry or Sharon will check to see if there will be a fee.

The health fair/blood tests were discussed and the choices for providers were between Madonna and Public Health Solutions. It was decided that Wellness Partners couldn't offer everything we wanted. After discussion a verbal vote was taken and everyone agreed to have Madonna provide the services for our health fair. Kerry will call them for possible dates.

Sharon and Kerry will be making presentations about the point system to each office, all of the road and bridge crews and the supervisors at the jail so all county employees should know about it.

Ten participants were entered in the drawing for the December BINGO. Fifteen prizes were awarded and a free subway gift card was given to Daryl for making up the forms.

Challenges were discussed. The Crazy 8 was discussed and it was decided to do it for 8 weeks, starting February 1st through March 31st, with the same points as were used for the last Crazy 8 challenge.

The next meeting will be right before the health fair, on a date to be decided when we find out when Madonna can be here.

There being no further business at this time, the meeting was adjourned at 9:20 a.m.

Linda Kastanek
Secretary