

## SALINE COUNTY EMPLOYEE 2013 AGGREGATE REPORT

Measure	National Guideline Standard	% of Participants	# of Participants
<b>Systolic BP (SBP)</b>			TOTAL 98
normal SBP	≤ 120 mmHg	18.4%	
borderline high SBP	121-139 mmHg	35.7%	
high SBP	≥ 140 mmHg	45.9%	
<b>Diastolic BP (DBP)</b>			TOTAL 98
normal DBP	≤ 80 mmHg	30.6%	
borderline high DBP	81-89 mmHg	28.6%	
high DBP	≥ 90 mmHg	40.8%	
<b>Uncontrolled BP</b>			
	≥ 140/90 mmHg	36.73%	
<b>Fasting Glucose (FBG)</b>			TOTAL 99
normal	≤ 100 mg/dL	68.7%	
borderline	101-125 mg/dL	24.2%	
high	≥ 126 mg/dL	7.1%	
<b>Total Cholesterol</b>			TOTAL 99
desirable	≤ 200 mg/dL	66.7%	
borderline high	201-239 mg/dL	28.3%	
high	≥ 240 mg/dL	5.1%	
<b>LDL Cholesterol</b>			TOTAL 97
ideal (individuals with CVD)*	< 70 mg/dL	9.28%	
optimal	< 100 mg/dL	43.3%	
near above optimal	100-129 mg/dL	32.0%	
borderline high	130-159 mg/dL	19.6%	
high	160-189 mg/dL	19.6%	
very high	≥ 190 mg/dL	0.0%	
<b>Triglycerides</b>			TOTAL 99
normal	< 150 mg/dL	63.6%	
borderline high	150-199 mg/dL	12.1%	
high	200-499 mg/dL	23.2%	
very high	≥ 500 mg/dL	1.0%	
<b>HDL Cholesterol (Men)</b>			TOTAL 50
ideal	≥ 50 mg/dL	34.0%	
normal	40-49 mg/dL	36.0%	
low (high risk)	< 40 mg/dL	30.0%	

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HDL Cholesterol (Women)			TOTAL 49
ideal	≥ 60 mg/dL	34.7%	
normal	50-59 mg/dL	24.5%	
low (high risk)	< 50 mg/dL	40.8%	
BMI (BODY MASS INDEX)			TOTAL 96
under healthy weight	<19%	0.0%	
healthy weight	19-25%	19.8%	
overweight	26-30%	28.1%	
obese	>30	45.8%	

\*This value is recommended for individuals with diagnosed cardiovascular disease

Prepared by Warren Memorial Hospital 3/6/2013