

SALINE COUNTY EMPLOYEE 2012 AGGREGATE REPORT

Measure	National Guideline Standard	% of Participants	# of Participants
Systolic BP (SBP)			TOTAL 108
normal SBP	≤ 120 mmHg	17.6%	19
borderline high SBP	121-139 mmHg	38.9%	42
high SBP	≥ 140 mmHg	43.5%	47
Diastolic BP (DBP)			TOTAL 108
normal DBP	≤ 80 mmHg	36.1%	39
borderline high DBP	81-89 mmHg	25.9%	28
high DBP	≥ 90 mmHg	38.0%	41
Uncontrolled BP			33.00% 35
Fasting Glucose (FBG)			TOTAL 113
normal	≤ 100 mg/dL	72.6%	82
borderline	101-125 mg/dL	21.2%	24
high	≥ 126 mg/dL	6.2%	7
Total Cholesterol			TOTAL 113
desirable	≤ 200 mg/dL	77.0%	87
borderline high	201-239 mg/dL	20.4%	23
high	≥ 240 mg/dL	2.7%	3
LDL Cholesterol			TOTAL 110
ideal (individuals with CVD)*	< 70 mg/dL		7
optimal	< 100 mg/dL	40.0%	44
near above optimal	100-129 mg/dL	41.8%	46
borderline high	130-159 mg/dL	15.5%	17
high	160-189 mg/dL	0.9%	1
very high	≥ 190 mg/dL	1.8%	2
Triglycerides			TOTAL 113
normal	< 150 mg/dL	67.3%	76
borderline high	150-199 mg/dL	14.2%	16
high	200-499 mg/dL	18.6%	21
very high	≥ 500 mg/dL	0.0%	0
HDL Cholesterol (Men)			TOTAL 55
ideal	≥ 50 mg/dL	34.5%	19
normal	40-49 mg/dL	29.1%	16
low (high risk)	< 40 mg/dL	36.4%	20

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HDL Cholesterol (Women)			TOTAL 58
ideal	≥ 60 mg/dL	36.2%	21
normal	50-59 mg/dL	22.4%	13
low (high risk)	< 50 mg/dL	41.4%	24
BMI (BODY MASS INDEX)			TOTAL 110
under healthy weight	<19%	0	0
healthy weight	19-25%	20.0%	22
overweight	26-30%	40.9%	45
obese	>30	39.1%	43

*This value is recommended for individuals with diagnosed cardiovascular disease

Prepared by Warren Memorial Hospital 3/26/2012